

**'Wrong has no meaning that our concept of right does not give it.
... If what we have been conditioned to call good dulls our vision,
it is impossible to feel the bad until we suffer from it.'**

— Margaret Laird, 'Christian Science Re-Explored,' 123 and 126

News

TELECONFERENCE
Chapters 16 and 17 from
Mrs. Laird's book,
[We are the World](#)
[We Walk Through.](#)
Beginning February 15
Host: Ron Wallace
See Back Page

**UPDATE ON THE
REPRINT OF
"CHRISTIAN SCIENCE
RE-EXPLORED"**
The index has been turned
into the publisher and they
are in the process of
formatting the book for us
to proofread.

**SEMINAR ON CD
AVAILABLE AGAIN
AFTER 30 YEARS**
Mrs. Laird's 1964 Los
Angeles Seminar will be
available on CD sometime
in February. We are
happy to have it once
again.

**UPCOMING
NEWSLETTER TOPICS**
You can address the sub-
ject of the next newsletter -
How's Your Economy? -
in your unique way from
the perspective you derive
from the study of Scientific
Metaphysics.

Articles due March 1.

WHAT'S INFORMING ME?

By Betty Albee

Freedom from a troubling disagree-
ment occurred for me when I was able
to stop my human "blame seeking
mechanism," put a hold on my auto-
matic "agreement/disagreement
method of operation (MO)" and take a
look at what was triggering those
human behaviors. Reflecting on this sit-
uation, I asked myself: "What is
informing me in this situation, and what
is the information? Can I be my "Self,"
the conscious infinitude of Being, and at
the same time be a two-legged reaction
machine?"

Since my listening is always my
choice, it behooves me to be conscious-
ly aware of the source informing me on
every level of living. An accurate under-
standing of the facts of being reveals
the allness and onliness of Principle
functioning and demonstrates my living

of this fact in/as my human existence.
I'm either living consciously aware or
am unconscious to the divinity consti-
tuting Being. This choice determines
whether the solution to any problem
will be lived as a suffering experience
or as Science in action! "The divine
Mind, not matter, creates all identities,
and they are forms of Mind, the ideas of
Spirit apparent only as Mind..." (Eddy,
[Science and Health](#), 505: 9-11).

When upset, outrage, discomfort,
condemnation, self-justification, self-
righteousness and other attitudes of
that ilk are clouding my mental hori-
zons I have learned to take a look at
what's informing me and at the infor-
mation that's present. Is it fact or fic-
tion? Is it personal or impersonal?
What sources it? When I look, it is

See **INFORMING**
continued on page two

WHAT DO I HOLD TO BE SOURCE? MY WORLD TELLS ME

By Sandra Jackson

"...There is but one Ego." What is
informing me of that which I'm holding
as Source? Everything!—from my job
collecting accounts receivable so the
company's own bills can be paid, to
paying attention to health issues, to the
apparent evaporation of my 401(k).
Everything I experience is an illustra-
tion, in a form clearly discernable by
me, of what I am holding to be Source.

Do I actually believe that my
actions cause or create? All that is,
perfectly is. Only one Action truly
exists: Mind/Principle, the Universal
Source and condition of All. The clothes
we wear, the food we eat, our friends
and family, the things we enjoy and
whatever we resist are the current lan-

See **WHAT**
continued on page five

Continued from page one
INFORMING - BY BETTY ALBEE

READILY evident. "By their fruits ye shall know them!" It's easy to recognize who I'm being in any given situation.

Scientific Metaphysics teaches that everything is mental—Mind sourced, Mind constituted and Mind conditioned—thereby removing the temptation to hold a personal sense of myself or anyone else as capable of contributing either action or evidence to my living experience.

Personal sense—the dual belief that who I am is limited, separated, one among many and threatened—is a constant companion in my human view. However, that view cannot and does not generate solutions! Mind action, understanding, languages itself in discernible form as the highest right under the circumstances. Mind action is certain, flawless and on-goingly self-adjusting and self-maintaining. The acknowledged recognition of scientific facts, without exception, gives evidence of its

presence AS the human need being met whatever its guise or circumstance may appear to be.

This law is unequivocal without exception. It is always the present fact of divine well-being showing up as techniques spelling out well-being in the only way it can be seen from moment to moment. The fact of Wealth—including characteristics of wholeness and completeness—

'It is vital to recognize the divine as the presence experienced in the language known as the human scene.'

gives rise to the elimination of need in human living; the fact of Health sources every new technology supporting health in human living. Without Truth present there would be no research for cures, no nanotechnology pointing to the limitless possibilities that Life is, and no effort to see the possibility of health manifest for all humanity. The ever-present divine facts are the generative source for the view we call humanity and, in Mrs. Laird's words, "Our humanity is constantly informing us of our divinity in language of our discernment" (Christian Science Re-Explored, 165). The concept we call humanity is divinity self-aware, discerned as the form called humanity. Mary Baker Eddy acknowledged this law of reciprocal being when she wrote: "All is infinite Mind and its infinite manifestation..."—the one source manifesting in/as humanity. (See S&H 468: 10.)

they see with their human sense of sight. The human ego believes that picture is true and believes this view is also what everyone else sees. When attention is focused only on the language or conceptual appearance, we be, do and have as others be, do and have. Nothing causative is present in that language scenario, so appearances do not originate within the realm of language! The view is simply our current discernment of the God-idea—of that which actually exists. Since the God-idea is all that has presence, every perception is a point of view of that reality. You can't have a belief of nothing! What I behold is my perception or concept of reality. Our perception gives us a unique world of experience. We live the world as we are, not as it is. What's present is the infinitude of Mind Self-consciously lived—the God-idea self-consciously lived—and seen as human experience. How that fact is perceived dictates and shapes individual human experience. "The very circumstance, which your suffering sense deems wrathful and afflictive, Love [the awareness that only perfection is] can make an angel entertained unawares" (S&H 574: 27). It's entirely up to you.

The collapse of the economy worldwide has shaken the foundation of our sense of security and well-being, and rightly so. It is time to leave dependence on money, oil, armies, weaponry and any other concept of good as the source of well-being for the conscious awareness that Good itself—the God-idea—sources all that is and all that seems to be.

See **INFORMING**
on page three

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Human beings believe what

Continued from page two
INFORMING - BY BETTY ALBEE

This conscious turning to the divine reality for the solution to every imaginable ill is your access to peace and joy and power. "This exchange is made by Science, by Soul-knowledge or understanding, and not by a knower-intellect or truth-realizer.... His surroundings, the clothes he wears, the food he

'The ever-present divine facts are the generative source for the view we call humanity.'

eats, the friends he enjoys all inform him in the language of his discernment that all of his living is self or Soul-living" (CSR 120). Being is one indivisible whole. Individual and collective Being, lived scientifically (accurately), resolves "things" into thoughts and exchanges the objects of sense for the ideas of Soul. (See S&H 269: 14.)

The temptation, when concepts, forms or language constitute the horizon of one's imagination, is to attempt to place blame within the language world. Assigning blame, wishing "if only," wondering "what if" are exercises in futility. Within the language arena nothing is causative. Solutions lie in each individual's inherent ability to recognize his own responsibility in the matter of living his world. Until the recognition occurs that all is one, that nothing exists "outside" of Consciousness/Mind, the search for lasting solutions is in vain.

Whenever the conscious human individual lives himself responsibly as the reflected pres-

ence of the God-idea/Spirit, the human experience of living is filled with blessings. Margaret Laird remarked in one of her seminars: "Just because the stock market is playing games with itself, I don't have to be affected," and she wasn't. To repeat, we live the world as we are, never as it is—since it doesn't exist outside of conscious awareness or divine Being. We live, move and have being mentally. We always have. Any other basis for Life is a myth.

In *Miscellaneous Writings* (p. 352) Mary Baker Eddy wrote: "Through the divine energies alone one must either get out of

"The dual belief that who I am is limited, separated, one among many and threatened does not generate solutions!"

himself and into God so far that his consciousness is the reflection of the divine [Science], or he must, through argument and the human consciousness of both evil and good [suffering], overcome evil." Mrs. Laird referred to the "divine energies" as the chemistry of Truth. It is vital to recognize the divine as the presence experienced in the language known as the human scene. The chemistry of Truth is the action of individual divinity in human affairs. All is one. One infinite presence manifests itself in the language of many—our current best concept of Infinity.

Be clear that the human concept is not sin, sickness and death. The belief that there are

two is the only sin, the only possibility of sickness, the only terminal disease. Clarifying the source and content of one's information accesses peace and joy and power. Ideas of Soul are the objects of sense. "The Christianly scientific real is the sensuous unreal" (S&H 353: 1).

"I'm either living consciously aware or am unconscious to the divinity constituting Being."

"Our divinity or true self, is constantly informing us of our wholeness, the variety and diversity of our being. This information, evolving from our withinness (Soul), constitutes the 'forms' seen, heard, felt.... I may be unconscious of wanting something or needing something for the selfconscious identity of my divine Allness until I see myself experiencing new forms more satisfying than the old" (CSR 122).

As divine recognition blossoms into the fullness of acknowledged Life, the conscious human individual, behaving responsibly, will walk the streets as his own authority. Then the world he walks through will feel the presence of the divine, and any supposed threat will vanish in the recognition that the charade parading in the news media will be seen for just what it is—a demand on every individual to explore source, identify facts, and acknowledge Truth in place of buying into the fiction of belief.



WHO IS THIS 'I' THAT NEEDS TO CHOOSE?

By *Wayne Liddle*

When you are being reflection, with this that you call yourself completely out of mind, you will do whatever you have to do effortlessly, joyously, successfully, since you are the doing or being, and not the do-er or be-er. It is just as though the doing does itself and he who is the doing has no thought as to whether he is doing right or not-right. Identifying the I as Mind, as the doing or manifesting, you will not see yourself struggling, or attempting to decide what and how "to do."
Laird Letter, December 1957, p. 4

Parents frequently fret about whether they are doing their best for their children, particularly when a variety of approaches are possible. For me right now, one approach is to "go with the flow," accepting the status quo. Another seems to involve colossal upheaval to make something happen, humanly trying to force change.

I have observed that I feel

***'Whatever the appearance
... Science is about discerning the spiritual fact of one Mind being all.'***

irresponsible and guilty if I don't sometimes challenge the familiar and safe, but then realize that I am not living from the viewpoint of Scientific Perfection as ever-present if I attempt to fix something that, from a personal standpoint, appears not to be working.

Metaphysical Science isn't about trying to fix or heal anything. Nor is it about criticizing things that appear "wrong" and praising things that seem "right." Both practices are i-games of personal thought-taking (what Mary Baker Eddy called "mortal mind" and what Eckhart Tolle

today refers to as the "voice in the head," with its incessant stream of involuntary and compulsive thoughts and emotions). (See his chapter "The Core of Ego," [A New Earth](#), p. 59.)

This voice in the head claiming to be me feels a responsibility to change things for the better. That kind of self-identification just keeps one stuck, wallowing

'None of the seeming delays bothered me, because I no longer thought that I must have things a certain way.'

in the problem (the thought-taking mind itself being the problem), and then trying to blame someone or something to confirm its own self-importance.

In October, my wife and I were planning to attend the matinee, world-premiere screening of the movie "Fierce Light—When Spirit Meets Action" at the International Film Festival in downtown Vancouver. As usual, I wanted to leave our home early and became impatient when my wife was delayed.

We left so late, from "my" point of view, that we surely couldn't make it on time. Then we got stuck in a backup at the only bridge to the city, where just one lane in each direction was open, and a reversible lane was closed.

Immobilized, unable to "do" anything, I heard the witnessing voice within asking, "Who is this 'I' that always wants to be on time and can't stand being late? Surely, not Mind, the only I or Us that I AM." I then repeated

aloud, "Who is this I that always wants to be on time and can't stand being late?" Instantly the light for the reversible lane changed from red to green.

That immediacy reminded me of Mrs. Eddy's statement: "The understanding that the Ego (I) is Mind, and that there is but one Mind or intelligence, begins *at once* to destroy the errors of mortal sense and to supply the truth of immortal sense" ([Science and Health](#) 216: 11, emphasis added).

We soon arrived at the cinema's high-rise parking garage, circling to the top, only to find no spaces available. After driving to another garage and securing a space, we got lost in the maze of underground malls while trying to use a shortcut to the theater.

However, after my inner dialogue identifying what was actu-

'No do-er's were there, just experiencing—making one of experienced and experienter.'

ally going on despite appearances, none of the seeming delays bothered me, because I no longer thought that I must have things a certain way.

When we arrived half an hour late, the show was in progress, and the darkened theater appeared to be completely full. Then—was it possible?—we spotted two good seats that were easily accessible.

Sitting down, we discovered the movie we had come to see hadn't started, but was now just beginning. We weren't late at all!

See **WHO**
on page seven

Continued from page one
WHAT - BY SANDRA JACKSON

guage for our discernment of this Omni-Action. All is Soul living.

When our world shifts—that is, when concepts of good break down or the present-day ethics change, or the supposed "source" disappears or fails—the shift poses no problem to Soul. Soul is Self-sensing Good: Good sensing and Good being sensed. "This sensing is Truth, continually evolving a new 'what is Truth' (Reality), since Truth is Infinity" (Laird, Christian Science Re-Explored 121).

However it may look, the seen, heard and felt is the true Being constantly informing us of our wholeness and the infinitude of our divinity. The sensed is the sensing. There are not two things going on—no out there, over there or out of Mind. There is here and now, perfect, whole, complete, infinitely expressed. Soul self-sensing is the true information highway, constantly informing us of the completeness in the diversity and variety of Being.

"My divinity (Spirit) is Infinity, informing me in the language (form) of my discernment that my self-fulfilling Joy and Satisfaction are continually evolving new identity, new forms" (CSR 122). These apparent shifts are never outside of Mind and are not independent or separate from it. All is infinite Mind. We may think: Isn't it strange that "one thing going on" apparently has to be shown over and over in an infinite variety of ways to facilitate its full realization? Why do I have to find my back pushed against the wall to finally acknowledge and allow

God/Principle to be the only thing happening in all events?

But then we observe that it may take a real wake-up call, the proverbial experience of being hit with a 2 x 4, to shake up the

"We learn from the current focus of attention on the economy to question what is informing us."

false sense of ego so that it lets go. Then the fog and smoke disperse, and we see in a new way that "All is infinite Mind."

Margaret Laird wrote, "Soul is the feeling informing us that what is felt is Comfort and Health, even when it is felt consciously as discomfort and illness. The scientific fact, 'There is but one Ego,' one I or Mind lived Selfconsciously in the understanding, is the 'scientific healing power' reconciling the human and divine, good and evil, health and sickness, truth and

'It may take a real wake-up call to shake up the false sense of ego so that it lets go.'

error, life and death, as one conscious experience" (CSR: 122-123).

Again in the words of Mrs. Laird, Mind/Principle "is constantly informing us of our wholeness, the variety and diversity of our being. This information, evolving from our withinness (Soul), constitutes the 'forms' seen, heard, felt" (CSR: 122).

"Science is the vision that enables us to give up the habit of outlining or trying to conjure up Good. We learn to let our Good-

feeling evolve its own form (information) since we cannot possibly know what language will best identify our divinity, our Good" (CSR 123).

Mrs. Laird clearly stated that evil is not something separate from Being when she wrote that "evil is not that which prevents us from seeing clearly. That which hides the Good or clouds the vision is the belief of good that makes evil a necessity for its identity" (CSR 123). If loss or fear is my current view of One Mind, let me be clear that it is Mind nonetheless. Let me be free and unafraid of concept, which is not outside, or separate.

Isn't "All" an amazing word? By dictionary definition, all is the whole, the greatest possible, complete, total. What exactly could possibly be outside of All?

This constant challenge to recognize, acknowledge and allow Being to be is the "standing at zero," described by Betty Albee in Mind is the Athlete. (See Chapter 5, Paradox: The Mode of Language.) That neutrality which eliminates all desire to assign a value of "good" or "bad" is the letting go of the concept, and the recognition of the here-and-now infinite perfection of Being. This is Reality informing.

Standing at zero, we can see that any effort to hang back, struggle, rush around, move stuff here and there while resisting is a red flag—the wake-up call for us to recognize what is being held as Source. "... In all happenings, Principle is the happening, whatever the name" (CSR 120).

See **WHAT**
on page six

IS PURPOSE SOMETHING WE CHOOSE?

By Ron Wallace

Much is said about purpose: something done on purpose..., what is our purpose?... being purpose-driven, etc.

What exactly do these expressions say about purpose? Do you identify yourself as a person who should be purposeful? Do you sometimes say that you lack purpose? Is searching for purpose a preoccupation? Do you look for purpose in your job, family, charity work, etc.?

Sri Nisargadatta Maharaji said in his book "I Am That," "Give up all questions except one: 'Who am I?'" After all, the only fact you can be sure of is that you *are*.

The "I Am" is certain. The "I am this" is not. Margaret Laird wrote, "I consciously am; then what I am conscious of must be the content or constitution of my own consciousness or Mind. Nothing exists for an individual unless he is aware of it and since his awareness is his own Soul or Mind in manifestation (himself), there is nothing to be aware of outside of himself—the conscious

infinite of existence" ([Christian Science Re-Explored](#) 32).

Starting with the basic fact of our being, "I Am," we can recognize what we are not—we are not body, feelings, thoughts, anything in time or space, any this or that (though of course we do not deny the appearance of these things). As we look at what we are not, it begins to emerge more clearly what we are: limitless Being, Awareness, Joy and boundless Bliss.

Knowing who we are does not make the world as it "shows up" disappear. On the contrary, that awareness enhances our experience. That which "walks around" begins to take "itself" less seriously; stops trying to convince self and others that this he/she is "causative," that person is "somebody." With awareness, we begin to relax in the understanding that "I Am; I always have been; and I always will be."

This might sound as if the individual is being asked to deny who he thinks he is, especially if he is immersed in the idea of a

history and the idea of birth and death. What is born and dies is but the "shape on the screen of life," while we are truly the light which makes the shape possible, without beginning or end. As Betty Albee and Margaret Laird have said in their own ways, believing you are a "dot in space," you are destined to live whatever goes with that, "doing what others do, having what others have."

Often we give lip service to the idea of Oneness, but what does it mean? Sri Nisargadatta Maharaji says, "Let go your attachment to the unreal and the real will swiftly and smoothly step into its own. Stop imagining yourself being or doing this or that and [the] realization that you are the source and heart of all will dawn upon you" ([I Am That](#)).

Our need continually to say "I am this or I am that" drops away. When we are convinced that the only thing we can truth-

See **PURPOSE**
on back page

Continued from page five

WHAT - BY SANDRA JACKSON

So what do we learn from the current focus of attention on the economy? To question what is informing us about events. The stock market tumble and roller coaster ride have had apparent worldwide repercussions: foreclosures, bank failures, a Detroit bail-out, high unemployment and

general fear that have put government, Wall Street and Main Street in constant turmoil, on the edge of the unknown. What next?

It does not matter what the mistaken belief is. When examined from the zero point, our current best view reveals one thing:

that "All is Infinite Mind," the Infinitely expressed Whole—the undivided, manifestation of Source functioning. And our Source remains Perfect, Complete and exactly Right.



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Continued from page four

WHO - BY WAYNE LIDDLE

We saw the whole film, and as it ended the crowd exploded into spontaneous applause. I had never experienced that before. But then there were no do-er's there, just experiencing making one of experienced and experienter.

I saw clearly that focusing on "which way, when or what method, therapy or style" to use in living is never the point. What's needed is a constant alertness to identify with the one "I AM," not with an "i," or ego, that wants things to be a certain way, and feels important if it makes the "right" choice or deflated if it makes a "wrong" decision, and then condemns itself for not knowing better. Oh to be an important somebody!

Once it is seen that identity—even what is called human identity—is not this "i," the false ego just fades away, and the real, impersonal Mind-I—always present—naturally takes over. The oneness of here and there then becomes evident in a form that we can appreciate.

There is but one Ego! The only thing-ing (thinking) present is Oneness, whatever the appearance. Science is about discerning the spiritual fact of one Mind being all, not about trying to change anything. In this Presence/Awareness of perfection—which is Love—there is no "i" to feel caught in the middle, to decide which way to go, to make a choice.

William Samuel writes:

How do I know whom to listen to or whom to follow?

Which is the Way to go?

Which way is the way to walk?

One says this, another that—then a third and a fourth and a fifth

They dispute even amongst themselves and point out their own inaccuracies.

Whom must I follow now Father? Tell me! Tell me directly!

Tell me here in my heart.

(*Awareness and Tranquility*, p. 33)

After the poem Mr. Samuel noted, "Once I relished the words spelling out methods and procedures for going from imperfection to perfection, but now the words I choose to read first are those that proclaim perfection as the already-fact of existence. Methods that have us work to overcome 'error' by contending with it inevitably put us in a position that measures progress by our ability to manipulate and 'demonstrate.' Manipulative mastership serves no permanent purpose but to keep the basic misjudgment of an overcoming, struggling, self-righteous personality...."

Later (p. 183) we find this often quoted Samuel phrase: "There is no way but to be there."

How can we "BE there"? By not identifying ourselves as an "i" who makes judgments and embraces opinions. There is no little "i"-entity to decide, choose, or feel caught in the middle.

The words of Wei Wu Wei in Ask the Awakened are pertinent:

*Why are you unhappy?
Because 99.9 per cent
Of everything you think, and
Of everything you do
Is for yourself —
And there isn't one.*



MORNING IN SPRING

By Louis Ginsberg

One morning when I went
down town,
I felt such sunshine
capsize down
That streets were glutted with
more gold
Than all my heart could
ever hold.
I thought a glory much like this
Must have been poured
from Genesis.
I had not noticed until now
Such glittering of leaf
and bough.
Not for a moment could I doubt
Telephone poles might start
to sprout,
Brilliant gas stations,
like bazaars,
Were jubilating with the cars.
The traffic in some
triumph went
In pageant of astonishment,
And all the things in all
the stores
Were like abundant metaphors.
More than sun and more
than light
Seeped on the avenue a wonder
That everything grew
porous under.
Houses and people, trees and I
Replied to each other as
earth to sky.
I felt all objects linked and set
As in a vast transparent net;
I felt that everything was part
Of rapture answering my heart;
Until I knew, until I knew
I was the world I
wandered through.

(Reprinted from the January 1956
Laird Letter)

Continued from page six

PURPOSE - BY RON WALLACE

fully say is "I Am," we are not quick to verbalize in a way that identifies us as a father, mother, teacher—any this or that, any being "about" anything.

Mrs. Laird wrote in the March 1961 Laird Letter (pp. 1-2), "There is but one I or us... [W]e do not mean that the All is something other than the All." She goes on to say, "The 'me' measuring its virtues in comparison with those of another gives itself the vices of envy and jealousy, guilt, self-pity, and self condemnation."

She continues, "Enlightenment does not change anything. ... The belief is not something you can do anything about. ... When you speak of the belief as a 'lie' or an 'error,' or as 'bad,' you have [in belief] separated it from Reality and given it an ex-istence it does not have."

Sri Nisarqadatta Maharaji has said that "purpose implies movement, change, a sense of imperfection—somewhere or something to become, or a place to go.

Beyond the [human mind] there is no such thing as experience. Experience is a dual state" ([I Am That](#)).

You cannot talk of reality as an experience. Once this is understood, you will no longer regard being and becoming as separate or opposite. In reality they are One and inseparable, like roots and branches of the same tree. Both can exist only in the light of Consciousness, which, again, arises in the wake of the sense "I am." This is the primary fact. If you miss it, you will miss it all.

Recognizing that all is One frees us. As Mrs. Laird and Mrs. Albee have suggested, we can find truth by looking for the idea being presented, thus eliminating any need to judge or deny what is not useful in our exploration. Oneness is not a divider but a reconciler: ALL IS ONE and ONE IS ALL. In this awareness, we see ourselves as reconcilers. If any purpose exists, it is to reconcile belief and appearances of separateness to the facts of Being, Oneness. Choiceless Being.

(In this article I reference "I Am That," Dialogues of Sri Nisargadatta Maharaj, found online at http://www.maharajnisargadatta.com/I_Am_That.pdf.)



-- MARK YOUR CALENDAR --

Calendar

February 15: Teleconf Course (R. Wallace)
 March 1: Teleconf Course (R. Wallace)
 March 15: Teleconf Course (R. Wallace)
 March 29: Teleconf Course (R. Wallace)
 April 12: Teleconf Course (R. Wallace)

Teleconference Course

Beginning Sunday, February 15, 2009

Facilitator: Ron Wallace

**TOPIC: Healing and We are the World We Walk Through
 (Chapters 16-17 of We Are The World We Walk Through)**

"We get discouraged because we identify our problems with the personal me instead of principle... When there is no impersonal sense, no mind attempting to realize the truth, there is nothing to hide the supreme joy of soul..."

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